

# Lifting Operations Awareness

JTN Course Code – MHS004

## AIM & OBJECTIVES

The aim and objectives of the module are to provide delegates, from different job roles, with an introductory knowledge of rigging and lifting operations.

## COURSE CONTENT

On completion of this module the delegates should be able to identify and have knowledge of:

- Rigging safe working practices
- Various slings and rigging hardware
- Basic hitches used in rigging
- Basic knots used in rigging
- Hazards associated with rigging
- Limitations of rigging equipment
- Effects on working load limits
- Inspection of rigging equipment before use

## ASSESSMENT

Delegates attending this programme will be given a series of explanations and demonstrations. On completion of the programme the candidate will be subject to a 50 question underpinning knowledge assessment. A pass mark of 80% is required.

## CERTIFICATION

Delegates successfully completing the programme will be awarded a Lifting Operations Awareness certificate which has no expiry.

## WHO SHOULD ATTEND

Personnel who have had little or no training and experience in rigging and lifting operations.

## PREREQUISITES

For this course all delegates are required to provide their own protective clothing (ie) hardhat, safety boots, safety glasses & coveralls etc.

## LOCATION

### Training and Theory Assessment

- JTN Training Centre, Miri, or
- Client's premises if suitable facilities are available\*

## DURATION

3 days

## PARTICIPANTS

Minimum of 4, Maximum of 8

If this overview does not provide the information you require, please get in touch with us at [contact@jtntechnicalservices.com](mailto:contact@jtntechnicalservices.com)

It is important to be as specific as possible about the information you would like, as this will help us to respond accurately and promptly. Where possible, please include a contact telephone number/ Skype screenname so we can contact you to discuss your request when necessary.

\*Additional costings and changes in minimum & maximum participants may apply.

Disclaimer: Every effort has been made to ensure the accuracy of the information in this overview, which is believed to be correct at the time of publication.

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